



Davide Rosario PELELLA

Via Giovanni Pacini 67, 20131 MILAN

Mobile: +393408663515 **E-mail:** pelella.fisiofit@gmail.com **PEC:** davidepelella@pec.it

Personal Profile Statement

I am committed, caring and friendly Physiotherapist with a great passion for helping people of all ages. I have previous experience in supporting a variety of patients ranging from children to adults and the elderly affected by and recovering from injuries and movement disorders. I have excellent communication skills, both written and oral, and I enjoy working with a variety of different people.

Achievements

- Volunteer Physiotherapist at Policlinico – Federico II hospital (Naples) – Orthopedics, Neurology, Pediatrics and Cardiology wards
- Internship at the Italian Spine Institute (ISICO), Milan - training about spine disorders and idiopathic scoliosis in adults and teenagers according to SEAS approach (Scientific Approach with Scoliosis exercises)
- Internship from Morra Medical Center – training about movement system impairment syndrome

Education



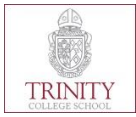
[2010 – 2014] Physiotherapy [Università degli Studi di Napoli Federico II]

Grade achieved: Degree

Relevant Modules:

Foundations and Principles of Physiotherapy Practice
Physical Activity and Exercise
Therapeutic Practice and Modern Science
Patient Management

Functional Anatomy and Movement
Integrated Clinical Management



[2010 – 2010] B2.1 OF THE CFR [Trinity College School TCS]

Relevant Modules:

Certificate in ESOL International
(Speaking and Listening)



University
of Colorado
Boulder

[2020 – 2020] Science Of Exercise [University of Colorado Boulder]

Relevant Modules:

better physiological understanding of how
the body responds to exercise

Employment and Work Experience



[2020 – today] [External Consultant] [Sesto2012 Football Club, Milan]

Main duties performed:

- Functional assessment of athletes and their return to play.



[2019 – Today] [Physiotherapist of Alberto Bonacossa Tennis Club Milano]

Main duties performed:

- Prevention and Rehab of the tennis players , woman and male , young ad senior team



[2019 – Today] [Physiotherapist] [Power Volley Milano Superlega]

Main duties performed:

- Prevention and Rehab of the athletes of the First Team



[2017 – Today] [Physiotherapist] [INTERNAZIONALE Football Club s.p.a.- Milan]

Main duties performed:

- Prevention and Rehab of athletes ranging from under 9 to under 19 football players and First Team as well as Young Team women football players.



[2017 – Today] [Rehab area supervisor] [PRIMEMED Medical Center- Milan]

Main duties performed:

- Providing physiotherapy assessment and treatment to patients improving physical strength, mobility and quality of life in patients of all age.



[2015 – Today] [Physiotherapist] [Medical center CTR +, Milan]

Main duties performed:

- Global Postural Re-education for patients with musculoskeletal disorders



[2014 – today] [Free-lance Physiotherapist]

- Evaluating, planning and delivering physiotherapy plans to meet the needs of individual patients



[2017 – 2018] [Rehab area supervisor] [MANARA Medical Center- Milan]

Main duties performed:

- Providing physiotherapy assessment and treatment to patients improving physical strength, mobility and quality of life in patients of all age.



hardcandy
FITNESS
MILANO

[2017 – 2018] [Physiotherapist and Personal Trainer] [HARD CANDY FITNESS Milan]

Main duties performed:

- Tailored treatment of muscular injuries and functional training from return to sport activity



[2017 – 2018] [External Consultant] [Bruzzano Football Club, Milan]

Main duties performed:

- Functional assessment of athletes and their return to play.



[2016 - 2017] [Physiotherapists' Coordinator] [BRERA Football Club, Milan]

Main duties performed:

- Prevention and Rehab of First Team footballers.



[2016 - 2017] [External Consultant] [Corsico Football Club, Milan]

Main duties performed:

- Functional assessment of athletes and their return to play.



[2016] [Physical Therapist] [Virgin Active Sport School, Arbatax]

Main duties performed:

- Wellness Activity , Yoga & Pilates Instructor



[2015 - 2017] [Physiotherapist and Personal Trainer] [Virgin Active Milanofiori, Milan]

Main duties performed:

- Tailored treatment of muscular injuries and functional training from return to sport activity



[2015] [Physiotherapist and Personal Trainer] [Officine Del Benessere, Naples]

Main duties performed:

- Tailored treatment of muscular injuries and functional training from return to sport activity



[2015] [Physiotherapist, Rehabilitation Center FKT, Naples]

Main duties performed:

- Home physiotherapy service for patients suffering from neurological diseases



[2014] [Physiotherapist and Personal Trainer] [Delphinia Sporting Club, Naples]

Main duties performed:

- Tailored treatment of muscular injuries and functional training from return to sport activity

Professional Training and Qualifications

- Course attendance certificate LYMPATHIC DRAINAGE MASSAGE
- Course attendance certificate KINESIOLOGY TAPE
- Course attendance certificate FUNCTIONAL TAPE
- Course attendance certificate SPORT INJURIES: CLINICAL CASE by Real Madrid F.C. Medical Staff
- Course attendance certificate SPORT MEDICINE by S.S.C. Napoli Medical Staff
- Course attendance certificate SPORT PHYSIOTHERAPY by A.C. Milan Medical Staff
- Course attendance certificate 14th SMTS WORLD CONGRESS OF TENNIS MEDICINE
- Course attendance 7h EUROPEAN MEETING ON SPORTS MEDICINE AND EXERCISE by Fiorentina F.C. Medical Staff
- Course attendance certificate MEZIERES METHOD
- Course attendance certificate CHIROPRACTIC AND SPINAL MANIPULATIONS
- Course attendance certificate MYOFASCIAL THERAPY
- Course attendance certificate CRANIOSACRAL THERAPY
- Course attendance certificate BASIC LIFE SUPPORT DEFIBRILLATION
- Course attendance certificate FOOTBALLER'S NUTRION by Nutrion Staff Italy Football Team
- Course attendance certificate INTERNAZIONALE F.C. MILAN MEDICAL MEETING
- Course attendance certificate FIBROLYSIS IN REHABILITATION TREATMENS
- Course attendance certificate FELDENKRAIS METHOD
- Course attendance certificate FIFA FOOTBALL MEDICINE
- Course attendance certificate OSTEOPHATIC SPINAL MANIPULATION
- Course attendance certificate PHYSICAL TRAINER
- Course attendance certificate FUNCTIONAL TRAINING
- Course attendance certificate PHYSIOFITNESS
- Course attendance certificate TRX ® GROUP SOSPENSION TRAINING GROUP
- Course attendance certificate PILATES METHOD
- Course attendance certificate NUTRACEUTICAL FOR HEALTH AND PERFORMANCE
- Course attendance certificate TRINITY COURSE LONDON GRADE 7-B2.1. OF THE CFR
- Course attendance certificate HIPNOSIS & NON VERBAL COMMUNICATION

- Course attendance certificate MUSCOLE INJURIES, BIOLOGY, IMAGING AND RHEABILITATION
- Course attendance certificate F.M.S. FUNCTIONAL MOVEMENT SYSTEM BY GRAY COOK

